



## World MS Day Celebration 2023

**MSSI**<sup>®</sup> MULTIPLE SCLEROSIS  
SOCIETY OF INDIA 

**BENGALURU CHAPTER**  
*cordially invites you to celebrate World MS Day*  
in association with  
Rotary International & RAGAMS

**CHIEF GUEST**  
Mr Umesh  
Superintendent, Department of Empowerment for  
the Disabled & Senior Citizens

**GUEST SPEAKER**  
Dr Rajesh B. Iyer  
Consultant Neurologist & Epileptologist, Poorna Neuro  
Holistic Care & Sparsh Hospital

**Musical Program**  
International Fellowship of Rotarian Musicians

 Saturday 27 May, 2023  
6 pm - 8 pm  
Followed by Dinner

 Bosch Sports Club,  
Adugeodi  
Bengaluru – 560030

Supported by

**sanofi** Rotary  **RAGAMS**  **IFRM** International Fellowship  
of Rotarian Musicians



## World MS Day Celebration - 2023

The theme for 2020-2023 World MS Day campaign as we all know is **CONNECTIONS** and for the 2<sup>nd</sup> consecutive year in Bangalore-The Rotary International and RAGAMS (The Rotary Action Group Against Multiple Sclerosis) partnered with MSSI to celebrate the lives of People with MS, celebrated support networks and advocated for better services for people living with MS.

We are fortunate to have Bosch also partnering with MSSI this year.

- Lighting of the Lamp by PwMS, Bosch CSR Representative Mr. Praveen, Rtn. Raghu Allam – Chairperson, RAGAMS
- Welcome Address by Mr. Shankar Subramanian, Founder RAGAMS (Rotary Action Group against Multiple Sclerosis)





- Mr. Arun Mohan, Governing Council Member, MSSI Bengaluru Chapter speaking on the significance of World MS Day
- Mr. Umesh, Superintendent – Dept. of Empowerment for the Disabled & Senior Citizens enlightening us on the Government Schemes & Benefits for the Disabled - MS persons.
- Ms. Jaya Mathew, India MS person of the Year 2023 shared her experience on Health Insurance & the benefits of UDID card.
- Dr. Rajesh B. Iyer spoke about the Advanced treatment of MS.





Skit performed by Ms. Kala & PwMS



## FELICITATION

### Felicitation of Guests:

- IFRM Chairperson – Mr. Nayeem
- RAGAMS Chairperson – Rtn. Raghu Allam
- Chief Guest – Mr. Umesh, Superintendent, Dept. of Empowerment for the Disabled & Senior Citizens.
- Guest Speaker – Dr. Rajesh B. Iyer, Neurologist
- Mr. Praveen Parihar – Bosch CSR Department
- Mr. Karthick & Team – RBAI, BOSCH





IFRM – International Fellowship of Rotarian Musicians  
R.I. Dist 3190 Chapter



Our cheerful MS Warriors with the Heart Symbol on WMSD Celebration





Active support from Bosch during WMSD Celebration



Art Submission by PwMS for WMSD



**PRESS COVERAGE**

**WORLD MULTIPLE SCLEROSIS DAY**

# Meagre data on multiple sclerosis affects policy, patient welfare

**NAMRATA SINDWANI** @Bengaluru

LACK of knowledge and little data over multiple sclerosis (MS), a neurological disorder, has hindered policy and programme formulation for the diseased. MS is a disease affecting the central nervous system (CNS) — an immune-mediated disorder in which the immune system attacks healthy tissues in the CNS.

Arun Mohan, governing

council member, Multiple Sclerosis Society of India (MSSI), has been suffering from MS for ten years. "From leading a normal life to being diagnosed with a disease I was clueless about, the shift has been extremely hard. I was often mistaken for turning up drunk at work as I struggled to walk straight."

Awareness about MS disease continues to be very low. There is no proper research conducted to understand how many

people actually suffer from it, which makes it difficult to formulate policies and programmes for them. On World MS Day, celebrated on May 30, Mohan urged the government to take necessary measures to perform a survey and introduce policies benefiting them.

According to MSSI, the prevalence of MS in India stands at 8-9 people per 1 lakh. It is esti-

imated that the approximate number of persons with MS is close to 1.8 lakh in India. Cases are now increasingly detected with the availability of MRI at affordable prices.

People with the MS suffer more than other disabled, Mohan said. A person with a visible 40 per cent disability is eligible for a Unique Identity Disability card (UDID). Since



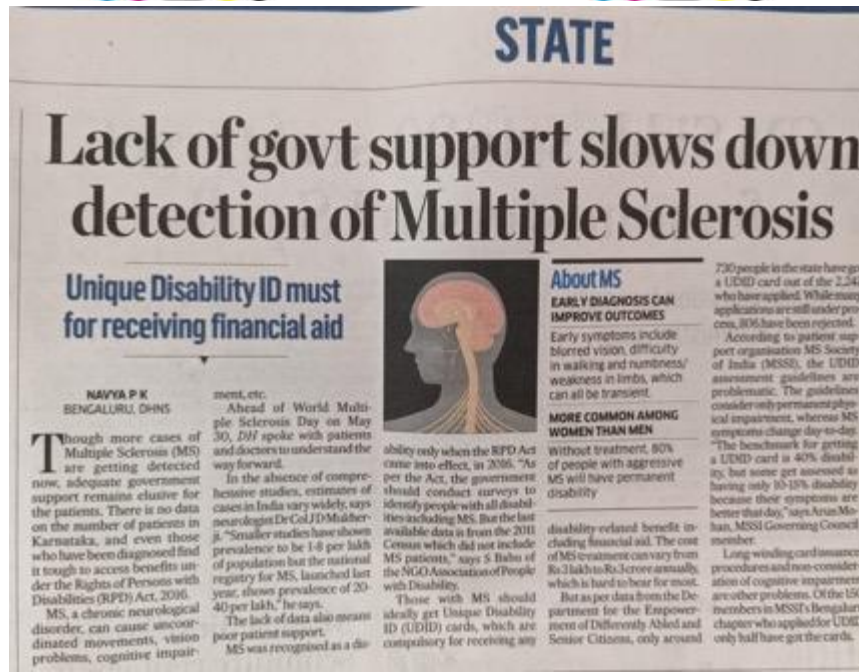
symptoms for people with MS vary from time to time, many of them face difficulty in availing UDID. There is no reservation for such people in office spaces, educational institutes, government programmes and insurance schemes either, Mohan added.

MS is more common among women; 8 out of 10 people suffering from MS in the 20-25 age group are women. Some of the symptoms include blurred vi-

sion, loss of balance, poor coordination, slurred speech, tremors, numbness, extreme fatigue, problems with memory and concentration, paralysis, blindness and more. They vary from person to person and are very unpredictable. Sometimes the symptoms persist every day, disappear completely for some days or even worsen from time to time. Dr Netravathi M, professor of neurology, MS specialist, explained.



The Indian Express



Deccan Herald